

Mrs. Steffee's

NEWSLETTER

Who is Mrs. Steffee?

My name is Ashley Steffee and I am the School Social Worker for St. Mary's. This is my first school year with St. Mary's and I am here on Thursdays and Fridays. In my role as School Social Worker, I meet with students individually, in small groups, and teach Social and Emotional Learning (SEL) lessons in grades K-5th. My goal is to start providing monthly newsletters to keep you informed about what your children have been learning. I have thoroughly enjoyed working at St. Mary's and look forward to getting to know the students more.

You will now be able to find me on the St. Mary's website. If you have a request for me to see your child, please fill out the Google Form.

Email: asteffee@stmarysgreensburg.com

What have we learned about?

- We Are Better Together
- I Can Do It
- I Am Known
- Respond Instead of React
- I Am Brave
- I Can Be Kind

Upcoming lessons:

- I get to be me, You get to be you
- Virtue of Humility- Awareness that all our gifts come from God and appreciation for the gifts of others
- Saint-St. Bernadette

Please contact me if you would like more information on our next lesson topics.

What is SEL?

SEL stands for Social and Emotional Learning.

According to the Child Mind Institute, "Social and emotional learning (SEL) is a term for the way children acquire social and emotional skills. It includes things like managing difficult emotions, making responsible decisions, handling stress, setting goals, and building healthy relationships." St. Mary's currently uses the Friendly Curriculum and will be supplementing from Open Light Media. Friendly provides a biblical framework for SEL and Open Light Media addresses the spiritual dimension of SEL.