

Mrs. Steffee's

NEWSLETTER
AUGUST 2024

Who is Mrs. Steffee?

My name is Ashley Steffee and I am the School Social Worker for St. Mary's. This is my 2nd year at St. Mary's but will be my 9th year as a School Social Worker. I am at St. Mary's on Thursdays and Fridays. In my role as School Social Worker, I meet with students individually, in small groups, and teach Social and Emotional Learning (SEL) lessons in grades K-5th. I will be sending home monthly newsletters to keep you informed on what your students are learning.

You can find previous newsletters on the St. Mary's website, under the Social Work page.

If you have a request for me to see your child, please fill out the Google Form located on the school website.

Email: asteffee@stmarysgreensburg.com

Upcoming Lessons

- Virtue of Responsibility, St. Pius V
- We Need Each Other
- Virtue of Patience, St. Teresa of Calcutta
- You First

Please contact me if you would like more information on these lesson topics.

List of Services

Classroom Lessons: I visit all classrooms in Grades K-5th on a biweekly basis to teach a Social Emotional Learning (SEL) lesson.

Individual Counseling: Individual counseling is available to all students to discuss academic, personal, and social issues.

Small Group Counseling: Small group counseling offers the opportunity for students with similar concerns or goals to talk with each other in a safe and fun environment.

What is SEL?

SEL stands for Social and Emotional Learning. According to the Child Mind Institute, "Social and emotional learning (SEL) is a term for the way children acquire social and emotional skills. It includes things like managing difficult emotions, making responsible decisions, handling stress, setting goals, and building healthy relationships." St. Mary's currently uses curriculum from Friendly and Open Light Media. Friendly provides a biblical framework for SEL and Open Light Media addresses the spiritual dimension of SEL.